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## LITE PACK'N BACKPACKING GEAR

For a spring or summer two or three day climb of a significant peak  
(\* best for summer trips, with best winter alternates (~) shown as well

### BACKPACKS:

~Kelty White Cloud, 6,500 cu in, 1960s classic white expedition winter pack	5, 1
*Gregory Makalu Pro, size large, 4,600 cu in, spring/summer peaks	4, 15
Gregory Adventure Series, Wind River, 6585 cu in, big winter pack	7, 8
*Gregory Rain Cover in a small stuff sack for hiking in the rain	0, 8
*Garbage bag to protect the pack while using a bivy	0, 2

### SUMMIT PACK: (Carried in the day pack to base camp.)

*Lowe Attack Summit, 1,400 cu in, packable, summer preferred	0, 14
~ GoLite Gust Pack, very packable, 3,600 cu in, holds lots of winter down	1, 4
*Generic "hotel shower cap style" rain cover for either, in a stuff sack	0, 1

### DAY PACK SUMMER:

*Salomon Raid Race 300, good suspension, pockets, 1,892 cu in	1, 9
*Generic "hotel shower cap style" rain cover in a stuff sack	0, 2

### DAY PACK WINTER:

*Black Diamond Sphinx 35L holds tools, extra insulation for winter, 2,140 cu in	2, 7
*Generic rain cover in a stuff sack	0, 2

### TENTS:

*BD Firstlight, single wall, 1 to 2 person, four season	2, 11
TNF Soloist Bivy with poles, no stakes or cord, four season (?)	2, 2
~ TNF Assault, single wall, 1 To 2 person, 4 season	4, 15
~ TNF VE-25, classic 4 season, 3 to 4 person, winter expeditions	9, 4
REI Half Dome 2, classic 3 season, 1-2 person, great car camp tent	5, 6
*Aluminum Wire Stakes, 4 for bivy on bare ground, or	0, 2
BD Groundhog Stakes, 9 for Firstlight, or	0, 5
~ Aluminum Snow Stakes, drilled, 9, or	0, 11
~ Plastic Grocery Bags for snow anchors, 9, or	0, 1
*Tie down cord, 50 foot length of light accessory cord for surprise high wind	0, 2

### SLEEPING BAGS:

TNF Flight 3D, long, 40 degrees, polarguard, summer trips	1, 9
*TNF Blue Kazoo, long, 20 degrees, down, classic bag, packs smallest	1, 8
*TNF Cat's Meow, 20 degrees, polarguard delta, classic bag for rain	1, 12
~ TNF Solar Flair, long, -20 degrees, down, my strongest winter bag	2, 4

### SLEEPING PADS:

~Cascades Designs Neo-Air, R-2.5, small, 20 X 47	0, 9
Cascades Designs Pro-Lite 3, R-2.0, small, 20 X 47	0, 11
*And also, a Cascades Designs Ridge Rest, solid, 3/4, both for winter	0, 9
Cascades Designs Therm-A-Rest Camp Lite, full length (for car camps)	2, 0

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**SMALL OVERNIGHT GEAR:**

*Mesh Bag to hold this stuff	0, 0.5
*Cascades Designs Pillow Cover to stuff with the belay jacket	0, 1.5
*Black Diamond Ion LED Headlamp	0, 0.9
~ Snow Brush for winter tent	0, 2
Mosquito Repellant and Head Net	0, 2
*Tooth Brush, Soda and Soap, etc	0, 4
*Toilet Paper, 1/4 roll	0, 2

**STOVES:**

*MSR PocketRocket Stove for summer	0, 3
*MSR IsoPro gas, 4 fluid oz, full 1 hr, 6 qts of water boiled	0, 8
MSR IsoPro gas, 8 fluid oz, full 1-2 hrs, 13 qts of water boiled	0, 12
Gas container, empty, large, to carry out	0, 5
~MSR Dragonfly Stove to Melt Snow and/or to cook for a group	0, 14
Fuel, Large, 1 Liter, melts 48 qts of wet snow	1, 10
~ Fuel, Regular, 1 Pint, Three Day, melts 24 qts of wet snow	1, 0
~ Fuel, Small, Half Pint, Two Day, 12 qts of wet snow	0, 11
~MSR Heat Exchanger for melting snow	0, 6.5
Note: Snow is melted and filtered (not boiled) to save fuel	
*Plastic Cup/Bowl, Dipping Cup, Lexan Spoon, Cigarette Lighter, Sparkie	0, 5
*Coffee and Sugar, three days	0, 4
*Nalgene Little Nipper container (Kailua not included)	0. 1 ; -))

**POTS:**

*Aluminum Tea Pot and Lid, small, for summer	0, 4.5
~MSR DuraLite Aluminum 2 liter Pot for melting snow	0, 7.5
MSR DuraLite Aluminum 1.5 liter Pot, add for fancy cooking	0, 6
*MSR DuraLite Aluminum Lid for either pot	0, 4
~MSR LiteLifter Aluminum Pot Lifter (danger, use dipping cup, don't pour from pot)	0, 1

**WATER GEAR:**

*Katadyn Mini Filter	0, 8
~Pur Hiker Complete, however, I now mostly use the Katadyn Mini	0, 12.5
*Nalgene Cantina, 96 Oz	0, 2.3
*Nalgene Cantina, 48 Oz	0, 1.9
*Platypus, 2 Liter	0, 2
*Platypus, 1 Liter	0, 1
(Nalgene hard plastic bottles are very heavy, use them in your vehicle, if you dare ;-))	0, 6.5)

**FOOD:**

*Sacks for Gorp and food, very light nylon material, small and large, each	0, 1
*ClifBars, 3 to 4 per day in cloth sack	0, 8
*Two Freeze Dried dinners in food bag	2, 0

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**CLOTHING:****Boots:** (Worn)

*La Sportiva Makalu for snow, fit my snap-on GAB crampons	5, 11
~ Merrell Reflex Mid Waterproof, can fit my ANDE aluminum crampons	3, 4
~ Merrell Pulse, low quarters, everyday hiking and living in Bend, OR	2, 12

**Camp Shoes:**

*Generic "rest home" Poly Slippers worn in camp and for crossing streams	0, 3
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**Extra Sox:**

*Patagonia Capalene wicking under-sox	0, 1.5
and Smartwool Hiker heavy sox for Makalu boots	0, 4.5
*Thorlo Hiker sox, worn every day (never wear out) for Merrells	0, 4

**Sack for extra clothing:**

* A16 sack for extra sox and wicking layer	0, 0.5
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**Gore-Tex Gaiters:**

*Outdoor Research Rocky Mountain Short for summer if needed	0, 5
~ Outdoor Research Rocky Mountain Long, worn or carried outside	0, 8

**Extra Wicking Layer:**

*Capalene Boxers, extra	0, 2
*Patagonia Silk Weight Capalene, long sleeved shirt	0, 4.3

**Climbing Pants:** (Worn)

*RailRiders Weatherpants, indestructible and light weight	0, 13
*TNF Tibetan Hiking Pant, light Cordura and Suplex	1, 1
~ Sport Hill Koch XC 3SP used for easy winter weather	0, 13
~Patagonia Mix Master Pants, for worst winter weather	1,11

**Shorts:**

TNF Green Cargo Shorts	0, 11.2
*And Rayon Hawaiian Print Shorts	0, 0.1

**Shirt:**

*Patagonia R1 Flash pull over, worn or packed in summer	0, 10
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**Wind Vest:**

*GoLite Wisp, pullover with hood, not waterproof!	0.03
~TNF, Hyperactive Vest, Uncoated nylon	0, 5.3
~ Sport Hill Koch XC 3SPF Vest, for winter	0, 11

**Belay Jacket:**

*Generic Micro-Fill Pullover	0, 15
~ Patagonia Puffball Jacket, warmer	1, 3.5
~ Patagonia Das Parka, synthetic, gold standard belay jacket	1, 13
Early Winters 700 fill down jacket, for town at a great price	1, 3.5

**Soft Shell:** (Not my favorite tool)

Patagonia Integral Jacket, 4 oz microfibre poly face and brushed interior	0, 12
~ Land's End Marinac Jacket, great jacket at a great price for town	1, 7

**Hard Shell Jackets and Pants:**

*~Patagonia Rainshadow Jacket, waterproof and breathable	0, 13
*~Go Lite, Shadow, Gore-tex Pants, waterproof and breathable	0, 9
TNF Gore-Tex Packlite Jacket, waterproof and breathable, old style	1, 2
TNF Gore-Tex Packlite Pants, waterproof and breathable, old style	0, 14

**Hats and Gloves:**

*Glacier Glove Sun Hat with SolarStop Neck Cover	0, 3
*TNF Gore-Tex Baseball Cap with rubber bill	0, 3
*Patagonia Nordic ski skull cap, poly pro, fits under other hats	0, 2
*Patagonia Glove Liners and OR Gortex Rain Mitts	0, 2
~TNF Gore Windstopper Hat and Gloves for winter	0, 5.8
~ OR Gore Windstopper Balaclava for winter	0, 3.5
~GoLite down hood style hat	0, 2

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**ESSENTIALS:****Insulation for the butt and body:**

*Sit Pad, 18 X 18 inches, Ensolite	0, 2.4
~ Cascades Designs Neo-Air, R-2.5, small, 20 X 47	0, 9

**Adventure Medical Kits Thermo-Lite 2.0 Bivy Sac:**

You cannot shelter on snow without a winter insulating pad and insulated Bivy Sac	6. 9
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**Small Essentials:**

*Personal First Aid supplies, Smallest Swiss Army Knife, butane lighter, TP, sun block, extra batteries, etc. in a mesh bag	0, 10
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**Cell Phone:**

*Verizon Motorola, (free with \$10.00 per month Verizon service)	0, 4
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**Group First Aid Kit:**

~ First Aid Kit without personal Essentials meds and bandages	1, 1.5
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**Map, Compass and GPS:**

*Commercial Wilderness map, big area coverage	0, 3
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*USGS Quad maps for your climb or print your own maps, each	0, 2
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*Suunto M3D Leader Compass/Protractor, must have	0, 2
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*Garmin Venture HC GPS, my "best buy"	0, 6
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*Garmin GEKO 201, works just as good	0, 2
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**SPOT Satellite Messenger, 7 oz.:**

*The new v 2.0 is lighter and faster	5. 2
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**Dark Glasses:**

*Rx dark glasses, dark enough for snow use	0, 3
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~ Scott Ski Goggles to fit over my own dark glasses	0, 10
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**Extra Flashlight:**

*Black Diamond LED Ion Headlamp	0, 2
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*Petzl Tikka LED Headlamp	0, 2.4
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**Camera:**

*Nikon CoolPix P2, "point and pray"	0, 7
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**TECHNICAL MOUNTAINEERING GEAR****Crampons:**

GAB snap-on, fit my personal large wide La Sportiva Makalu boots	2, 8
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ANDE Aluminum strap-on, for spring and summer climbs of Adams and others	1, 11
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**Ice Axe:**

Black Diamond Raven Pro, to 75cm (good summer tool, too short for serious winter slopes)	1, 3
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Black Diamond Raven, to 90 cm, a true mountaineering ice axe	2, 2
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**Wands:**

Six Wands at 1 oz. each	0, 6
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**Poles:**

Leki 8, Ergo Model, 3 piece	1, 4
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**Harness:**

Black Diamond Alpine Bod Harness	0, 14
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**Belay, rappel, autoblock device:**

Trango B-52	0, 4
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**Helmet:**

Black Diamond Half Dome	0, 13
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**Snow Anchors:**

BD Picket 24"	0, 14
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**Runners:**

Lots of single and double sewn runners	0, 6
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**Biners:**

BD and Petzl, lightest wire gates and 3 big light lockers	0, 6
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**Shovel:**

Life Link	1, 4
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**Technical Snowshoes:**

MSR Lightening Ascent	3, 10
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