



Wilderness First Aid with WMI of NOLS

Class: Wilderness First Aid and WFR Recertification
Dates: Saturday and Sunday, March 8 and 9, 2008
Meeting Place: At a private 20 acre ranch in Tumalo
Instructors: Wilderness Medicine Institute of NOLS, Lander, WI
Sponsor: www.TraditionalMountaineering.org
Cost: \$125.00, payable in full at Registration before February 7, 2008

Every serious outdoor recreationist and outdoor Leader should take this nationally recognized two day Wilderness First Aid (WFA) class. Accidents occurring beyond the planned immediate response time of our urban safety net should be handled with techniques very different from those taught in standard Red Cross First Aid classes.

Wilderness Medicine Institute of NOLS is nationally recognized, offering special Certified training for medical professionals and backcountry, climbing and river guide services. Wilderness First Responder (WFR) training by WMI takes two weeks. This two day WFA class also qualifies as a recertification for WFR Certificate holders.

Fast paced and a lot of fun, the WFA class includes realistic accident simulations in the outdoors.

This two-day adventure will be held at a private ranch in Tumalo, near Bend. Some folks may wish to car/tent camp at the ranch and enjoy a community cookout and big-wood fire on Saturday evening, weather permitting. There is a minimum of 15 and maximum of 30 participants.

**Information? Call Robert Speik at 541-385-0445; email speik@bendcable.com
Please keep and read the attached Prospectus**

STATEMENT

REGISTRANT: _____

Please attach your check for \$125.00 before February 7, 2008 and return this first page to Robert Speik, 61334 Wecoma Court, Bend OR 97702 or call for questions and pick-up!

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PROSPECTUS WILDERNESS FIRST AID and also FIRST RESPONDER RECERTIFICATION

Sponsored by the Wilderness Medicine Institute of NOLS and TraditionalMountaineering.org

DATES: Saturday and Sunday, March 8 and 9, 2008
COST: \$125.00 Tuition Only
LOCATION: 19449 Tumalo Reservoir Road, Tumalo OR 97701 near Bend, OR

COURSE DESCRIPTION

Fast paced and hands-on, this two- or three-day course covers a wide range of wilderness medicine topics for people who travel in the outdoors. Whether spending time in the backcountry is your passion or your profession, you should never have to ask, "What do I do now?" On this course, you'll learn how to prepare for the unexpected. WMI's curriculum is unique and includes many advanced topics that other programs leave out such as dislocation reduction, focused spinal assessment and epinephrine administration. In just two days, you'll have the knowledge, skills and ability to make sound decisions in emergency situations. This course is ideal for trip leaders, camp staff, outdoor enthusiasts and individuals in remote locations. WMI's course is pre-approved by such organizations as the American Camping Association, the United States Forest Service, and other governmental agencies. This course *does not* include CPR.

WFR RECERTIFICATION REQUIREMENTS

If you hold a current Wilderness First Responder certification from WMI, SOLO, NOLS, Op EPA, WMA or WPT, you will receive a WMI WFR certification upon successful completion of your WFA or WFR Recert only course. Please bring a copy of your current certification if other than WMI. If you hold a current WFR certification from any other wilderness medicine organization you will receive a letter of course completion in lieu of a WMI WFR certification. This letter of completion may allow you to recertify with your original certifying organization. You must contact that organization prior to your WMI course to ensure that our course will meet their requirements for recertification.

All WFR students are required to submit a photocopy of their WFR certification card on the first day of the course.

There is a one-year grace period for recertification of WMI cards. (Keep in mind that your certification is not current during this grace period and therefore can not work as a Wilderness First Responder.)

REGISTRATION/POLICIES

Tuition payment in full is required to reserve your spot in the course. Tuition is payable by check or cash. The tuition fee covers textbooks, syllabus, equipment and certification cards. A full refund will be given if we are forced to cancel the course for any reason.

CANCELLATION AND REFUND POLICY

If a student cancels or withdraws from a course:

Greater than or equal to 30 days prior to the course starting date, a \$35.00 administrative fee will be retained. Within 30 days of the course start date and once the course has begun, tuition is non-refundable.

ACKNOWLEDGMENT AND ASSUMPTION OF RISKS RELEASE AND INDEMNITY AGREEMENT

Please read the enclosed document very carefully as it affects your legal rights. We ask that you bring this signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document. Failure to provide a signed document will result in you not being able to participate in the course. WMI participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the WMI program and are at the sole risk of the participant.

Similar documents limiting the liability for the Sponsor, TraditionalMountainering.org and the Tumalo Property Owner, Gary Anderson, will be required to be signed at check-in.

CLASS LOCATION AND FACILITIES

The class will be held at the 20 acre property of Gary Armstrong, at 19449 Tumalo Reservoir Road in Tumalo, Oregon 97701, just north of Bend. Look for the white fence.

Try printing a Google Map:

<http://maps.google.com/maps?f=q&hl=en&geocode=&q=19449+Tumalo+Reservoir+Road,+Tumalo+97701&ll=44.026832,-121.299404&sspn=0.007004,0.014462&ie=UTF8&ll=44.122592,-121.314812&spn=0.055945,0.1157&z=13&om=0>

Gary has offered the use of the full second floor of his barn and also some adjacent property for overnight car/tent camping on Saturday, weather permitting. There is a big-wood fire pit that has entertained school groups and a group with the Sisters Jazz Festival. As noted by WMI, bring appropriate Crazy Creek chairs or aluminum folding chairs for your sitting comfort. Mats are good for practical work with bandages and improvised splints on the floor.

CLASS FORMAT AND EQUIPMENT

Check in is at 7:45 AM on the first day of the course. Course days run from 8:00am – 5:00pm. The format for the WFA/WFR Recert is classroom lectures integrated with practical scenarios. Scenarios, and practice sessions will take place both inside and outside. Please bring outdoor clothing appropriate for laying on the potentially wet, muddy or snowy, cold ground playing the role of both rescuer and patient. Frequently stage (moulage) blood and make-up will be used to emphasize the reality of a scenario. If you would like to be a patient, bring clothing that you can wash or discard.

DRESS

Generally the classroom environment lends itself to a pair of comfy shoes/slipper and a crazy creek-type chair. Please come equipped with a light day pack, waterproof top and bottom, light hiking boots, and layers well suited for spending time outside playing the role of patient and rescuer.

TRAVEL DIRECTIONS

Please see the Google Map referenced above.

LODGING

There is not a meal and lodging option for this course.

Camping:

This two-day adventure will be held at a private ranch in Tumalo, near Bend. Some folks may wish to car/tent camp at the ranch and enjoy a community individual cook-out and a big-wood fire on Saturday evening, weather permitting. Click on the Google Map link above.

Tumalo State Park Yurts. With year around facilities including Yurts, the urban Tumalo State Park is just 5 minutes away off OB Riley Road toward Bend, OR. Make your own arrangements for a longer stay. Call the Park at 541-382-3586 and they report lots of room; Call State Park Reservations at 800-452-5687.

PETS ARE NOT ALLOWED AT THE TEACHING SITE. THIS INCLUDES LEASHING THEM OUTSIDE. NO EXCEPTIONS. Any student bringing pets to class will be asked to leave class until the pet is safely situated in a kennel or other facility.

NO SMOKING OR ALCOHOL IS ALLOWED DURING THE INSTRUCTION



Wilderness Medicine Institute of NOLS

Wilderness First Aid Course Schedule

DAY 1

Morning

- Introductions
- Patient Assessment System
 - Initial Assessment
 - Patient Exam, Vital Signs, Focused History
 - Documentation

Afternoon

- Spinal Cord Injury Management
- Head Injuries
- Shock
- Wilderness Wound Management

DAY 2

Morning

- Focused Spine Assessment
- Athletic Injuries
- Fractures
- Dislocations
- Heat

Afternoon

- Cold Injuries
- Lightning
- Altitude Illness
- Acute Abdomen
- Anaphylaxis
- The Unresponsive Patient
- Wilderness First Aid Kits