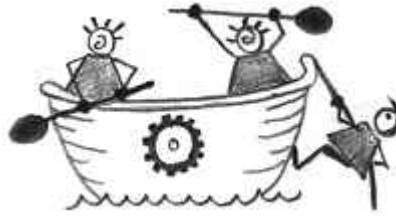


The **BARK**

www.BARKracing.com



Sharing adventure
in the outdoors
a.k.a.
"Getting Lost Together"

Old BARK Bests Young BARK at Rogaine

"What's a Rogaine?" is the first question I'm asked when describing last weekend's race. "Is it a race to grow hair?" No, and it's not sponsored by a large pharmaceutical company. A rogaine is a type of orienteering event and, on April 4th, several BARKers competed in the High Desert Drifter 6-Hour Mini-Rogaine organized by the Oregon Cascades Orienteering Klub.

Rogaining is the sport of long distance cross-country navigation in which teams visit as many checkpoints (called control points in orienteering lingo) as possible in a given time period. This type of event is also called Score-O because each control is given a point value, sometimes different amounts based of difficulty, and the team with the most points wins. Teams can visit controls in any order and must plan their course to get the maximum number of points. They navigate by map and compass between points that are marked with distinctive orange and white control markers. The competitors stamp control cards at each control point using a special pin punch.

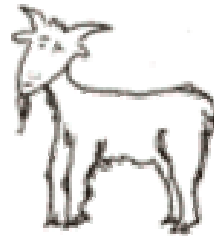
Strategy is crucial. There is a hefty penalty for each minute a team arrives beyond the designated finish time.

Orienteering is great for honing navigational skills for adventure racing. And it's great fun in its own right. BARK teams Footzone, Have'n Fun, Old BARK and Young BARK assembled at Arnold Ice Cave, along with about twenty other teams, to take on the challenge. The gauntlet was thrown down and beer was wagered between the old farts and the young whippersnappers.

Each team had one hour to strategize a route. At the gun, teams scattered in all directions. For six hours we wandered through the high desert under a blazing sun. The classic rogaine is a twenty-four hour event, but six hours scrambling around in the

indistinct but rough sagebrush and lava rock of the desert seemed plenty.

Final Score: Young BARK- 1630; Old BARK- 1720.
Bring on the Black Butte Porter!



By the way, "rogaine" is an acronym that was invented in the 1970s from Rugged Outdoor Group Activity Involving Navigation and Endurance, or from a combination of the inventor's names (ROd, GAI, and NEil), depending on who you ask. Or you can go do a Billy Goat.

- Pam Stevenson

Volunteer for the Raid Adventure Race Coming to Bend

Get great schwag. Camp out for the weekend. See some of the best athletes in the world. Have an adventure. All this and more awaits those who become official volunteers for the U.S. qualifier for the Raid World Championships to be held here in Bend June 11-13.



We need about 20-25 people who are relatively fit and willing to commit for the whole weekend. Rebecca Rusch, an organizer of the event, says that volunteers should "understand that it's super fun, but hard

work." About six people with climbing skills are needed; others will need to be able to mountain bike or hike, set up tents, man checkpoints, etc. The French staff from the Raid organization will do all the technical work like setting up the ropes. Volunteers will each be assigned to a team led by a Raid guide. Each team will be responsible for a leg of the race until all of the participants pass through. Then the team will "leapfrog" to another stage.

The event is kicked off with a pre-race party at Mt. Bachelor Friday night. Volunteers will need to check back in early Saturday morning. A volunteer camp will be set up by the Raid organization at Fall River, but how much sleep one actually gets Saturday night is unknown. The race concludes sometime Sunday evening. All food, etc. will be provided. "It all flows very smoothly, but we really count on the volunteers," says Rusch.

BARK is assembling a list of interested volunteers. Rebecca will be contacting people on the list soon. To sign up, e-mail pam_stevenson@hotmail.com with your name, address, phone number, e-mail address and skill if applicable.

This Month's BARK Outing

PPPaddling Practice

Saturday April 24th 10am

Alder Creek Boat Launch

Bring a boat, a paddle and a PFD.

We will review forward stroke technique, practice on the river and discuss "the line" for PPP.

Organizer: Pam Stevenson 389-5599 or pam_stevenson@hotmail.com

Team BARK is Off to the Races

Team BARK is excited as ever about adventure racing and we are looking for new sponsors and racers now! Contact Team Captain Dave Schneider at 536-5617 if you are interested. Races on the BARK calendar include:

Tehama Sunsweet Extreme Adventure Race- Red Bluff, CA

X-Adventure Raid Race- Bend

Cal Eco Series- CA

Big Blue Series- CA

Balance Bar- Portland

Trioba Series- WA

Primal Quest- OR, ID, WA

New BARK members are always welcome! Please encourage your friends and other crazy people you know to join BARK. No experience required, just an inability to lie on the couch eating Easter Bunnies while watching The People's Court.



PICK UP YOUR BARK CARD AT PINE MT TODAY!

Don't Forget Chuck's Nav Class

Adventure Racing skills are now a part of COCC's Continuing Education program. The following class is being offered May 4 to May 11 for \$45:

Has your GPS ever failed in the wilderness...at night? Do you want to feel more confident bushwhacking in the forest? Or perhaps you are an aspiring sport Adventure Racer, or want to compete in an orienteering race. This class will help you become proficient with a map and compass and gain the confidence to travel in the backcountry under all types of conditions and situations. Instructor is the team navigator for Team TIMEX Adventure Racing. Classroom session and two field (day & evening) sessions. Bring a compass. Instructor is Charles Thomas.

You can register at www.cocc.edu.